

한국어 학교 - 한국 문화 ~ 하나

Korean culture – 1

Food is important in all cultures, and Korea is no different. While there are many uniquely Korean foods to try, we are going to start out with a classic treat of school children - 뽑기!

뽑기 or 달구나 is sugar candy, and it is both simple and delicious. It is often just a circle of sweet goodness, but now days it often has a stick in it, much like a lollipop. It is traditional to have a design pressed into the candy and kids try to break out the design and eat around it. This isn't always possible, which makes it a bit of a game.

All you need is:

- 1½ tablespoon plus 1 teaspoon white or brown sugar
- Baking soda

All you have to do is:

Put the sugar into a small pan and place on medium heat. You can also make directly in a ladle if you don't mind holding it with one hand and stirring with the other.

Stir continuously so that the sugar melts evenly and doesn't burn. Add the baking soda into the melted sugar and keep stirring. The color will change from light brown to golden brown and the mixture will expand a bit.

Next, sprinkle sugar onto a cookie pan and pour the mixture onto the sugar. You can put a lollipop stick in it if you wish. Use any smooth, non-stick surface to press the candy down, like a spatula.



For fun you can use a cookie cutter to press a pattern into the center of the candy. You can press it hard to make a good impression, which makes it easier to break out the design. Press lightly if you want it to be hard to free the design!

Wait a minute or two for the candy to cool and get solid and then enjoy this fun, traditional Korean treat!

Now, let's look at some Korean vocabulary to go along with your 뽑기!

Candy - 사탕

Sugar - 설탕

Delicious - 맛있는

Street food - 길거리 음식

Food - 음식

Kitchen - 부엌

Spoon - 숟가락

Dish - 접시

Ladle - 국자

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